

NATIONAL VETERANS' CLOSED CIRCUIT 10 MILE TIME TRIAL CHAMPIONSHIP

SUNDAY 24TH OCTOBER 2021, START 1PM

Promoted for and on behalf of Cycling Time Trials
under their Rules and Regulations

Organised by Cleveland Coureurs and supported by
the Veterans Time Trials Association

**VENUE - CROFT MOTOR RACING CIRCUIT
WEST LANE, DALTON ON TEES, N YORKSHIRE, DL2 2PL**



Photo by Kimroy Photography

RACE MANUAL

Welcome to this, the inaugural VTTA National Open 10 Mile Closed Circuit Championship at the Croft Motor Racing Circuit in North Yorkshire. This is a trial event, organized by the existing Croft CTT Support Team, in liaison with the VTTA National Executive, to try and encourage both existing and non-members to participate in a closed road time trial on a safe circuit, with an aim of increasing VTTA membership. If considered successful, 2022 could see a similar championship held in both the North and South of the England, so avoiding long journeys and expense. Please enjoy your visit to the Croft circuit

Organiser details: Gavin Russell, 2 Antrim Ave, Fairfield, Stockton-on-Tees, TS19 & 7JF Tel: 01642 654419 Email: gavin_russell@hotmail.co.uk

Any complaints should be forwarded to the organizer within 24hrs of finish of event.

Officials and timekeepers: The following volunteers are providing the support on the day to make your attendance as enjoyable as possible:

Administration & Results: Paul Kitson (SWCC)

Sign-on & Numbers: Donna and Peter Jarp, Colin Leckenby (SWCC)

Timekeepers: David Oliver (Hartlepool CC), Colin Whitfield (SWCC), Gavin Russell (Cleveland Coureurs) and Mike Penrice (VTTA Yorkshire)

Hospitality: Nuala Lewis (SWCC), Ruth Crossley (VTTA North Group)

Start Stewards: Colin Lowe (SWCC)

Number Catcher & Runner: Thomas Salmon (Cleveland Coureurs)

Eligible riders: All riders who start the event, regardless whether they entered on-line or on the day, or are members of the VTTA or not, are eligible for the awards. All riders must be over 40 years of age on the day of the event and a member of a Cycling Time Trials affiliated club.

Awards: Medals (gold, silver or bronze) will be presented to the first three in the following categories: Men (time trial machines), Women (time trial machines), Men (road bike machines) and Women (road bike machines). Winners will be declared based on the result using the recent developed VTTA handicap system.

Sign-On & Race Numbers: The sign-on and provision of numbers will take place in garage no 8, commencing at 11:00am. After the event, the numbers should be returned to the sign-on area, and placed in the box provided, so they can be washed, ready for the next event.

Results: The rider's times will be displayed at the headquarters location (garage no 8) and will be published on VTTA website and emailed to all riders.

Presentation: The presentation of the medals by the national VTTA representative, Mike Penrice, will be made as soon after the last rider has finished and all times have been displayed.

Circuit details: The course consists of the closed Croft motor racing circuit, which is just over 2 miles in length. Starting at the speed de-restriction line at the North end of the pit lane, riders will join the main circuit and complete 5 laps. On the 5th lap, riders, keeping left out of sharp corner, should enter the south end of pit lane, to finish at the chequered board, placed at the speed restriction line. (10 miles)



Facilities at Croft: On entering through the second set of gates, parking can be found on the left in the paddock area. There is more than sufficient car parking for all, however please park responsibly. There is a separate timber toilet/changing/shower block across from the signing-on area. Please leave the facilities as found. There are a number of bins around the parking area as well near the garage block.

Warming up on the circuit will be permitted once the morning event has been completed. This will be allowed until the first rider starts in this event at 1:00pm. Following 1:00pm, warm ups can be completed on the tarmac airstrip, which is situated to the right as you enter the circuit. (No planes are expected to land during the event)

Starting Order: All riders start at 30 second intervals. Start times are shown when signing-on and also posted in several visible positions local to the signing on garage.

Circuit Protocol: Please keep to the right-hand side of the road when racing and where possible overtake on the left. Please respect other riders and their space and always ride with your head up. There should be no drafting, with the passed rider dropping back sufficiently not to gain any unfair advantage.

No animals are allowed on the Croft Motor Racing Circuit

Refreshments: Refreshments, ie hot drinks and cake etc, are available free of charge to all riders, however we would welcome any donations you wish to make to our chosen charity, the Butterwick Hospice.

Photographs: Kimroy Photography will be present and taking photographs during the event. The photographs, will be displayed on the Kimroy website (<https://www.kimroy-photography.co.uk/>), usually the following day, and will be available to purchase.

IMPORTANT INFORMATION: It is the strict requirement of the Croft Management that all riders must wear a helmet.

It is a CTT regulation that all riders start with a working rear red light. We have a number of red lights available to borrow for the duration of the event. Please enquire at the sign in table. First come, first served. Please return lights, for future use, to the collection point on completion of your ride.

When you have completed your ride, please keep the pit lane clear of supporters and riders, as other competitors may be finishing extremely fast and require a clear pit lane to slow down.

2021 Teesside District Road Bike Specification:

To compete in the 2021 road bike category in any Teesside District event, the following specification is appropriate to the conditions of inclusion:

The Rider:

1. No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.
2. Use of skinsuits is permitted
3. No riding with elbows or forearms on the handlebars. If witnessed, the competitor may be disqualified.

The Machine:

1. The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.
2. No time trial style or triathlon forward extension bars with or without elbow pads will be used.
3. Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 65mm.

Please apply the spirit of the road bike competition in your equipment choice. Non-compliance with any of the above (albeit for point 3 in rider section) will result in the competitor being excluded from the road bike category.

RIDER LIST

Please Note: as this is a type B event, there will be additional riders, who enter on the day, to those listed in this race Manual. All are eligible for the championship medals.

| Number | Start Time | Firstname | Lastname | Club | Gender | Category | Age | Handicap Allowance |
|--------|------------|-----------|-----------------|-------------------------------------|--------|----------|-----|--------------------|
| 1 | 13:00:30 | Peter | Gunn | Cleveland Wheelers CC | Male | Open | 47 | 0:30 |
| 2 | 13:01:00 | Adrian | Osborn | Stratford Cycling Club | Male | Open | 62 | 2:00 |
| 3 | 13:01:30 | Mark | Tallon | Ely & District CC/B&T Motor Repairs | Male | Open | 47 | 0:30 |
| 4 | 13:02:00 | Paul | Hickman | Malton Whs | Male | Open | 51 | 0:50 |
| 5 | 13:02:30 | Ronnie | Thompson | Derwentside CC | Male | Open | 83 | 6:32 |
| 6 | 13:03:00 | Malcolm | Steer | Darlington Cycling Club | Male | Open | 56 | 1:18 |
| 7 | 13:03:30 | Ian | MacKenzie | Durham Triathlon Club | Male | Open | 70 | 3:13 |
| 8 | 13:04:00 | Richard | Durham | Settle Wheelers | Male | Open | 67 | 2:43 |
| 9 | 13:04:30 | Andy | Delaney | Northumbria Police C.C. | Male | Open | 53 | 1:01 |
| 10 | 13:05:00 | David | Swainson | Derwentside CC | Male | Open | 48 | 0:35 |
| 11 | 13:05:30 | John | Tiffany | Harrogate Nova CC | Male | Open | 79 | 5:16 |
| 12 | 13:06:00 | David | Leckenby | VTTA (Yorkshire) | Male | Open | 58 | 1:31 |
| 13 | 13:06:30 | Michelle | Highfield | Berwick Wheelers Cycling Club | Female | Open | 55 | 3:48 |
| 14 | 13:07:00 | Terry | Parvin | Ferryhill Whs | Male | Open | 61 | 1:52 |
| 15 | 13:07:30 | David | Capes | Scarborough Paragon CC | Male | Open | 68 | 2:52 |
| 16 | 13:08:00 | Steven | Bell | Fietsen Tempo | Male | Open | 61 | 1:52 |
| 17 | 13:08:30 | Peter | Richardson | Swift Racing | Male | Open | 43 | 0:13 |
| 18 | 13:09:00 | Daryl | May | Sheffrec CC | Male | Open | 47 | 0:30 |
| 19 | 13:09:30 | Kate | Sanderson | Cleveland Wheelers CC | Female | Open | 53 | 3:35 |
| 20 | 13:10:00 | Andrew | Smith | VC Glasgow South | Male | Open | 56 | 1:18 |
| 21 | 13:10:30 | Liz | Ball | Valley Striders Cycling Club | Female | Open | 68 | 5:41 |
| 22 | 13:11:00 | Michael | Cross | Harrogate Nova CC | Male | Open | 59 | 1:38 |
| 23 | 13:11:30 | Angela | Hannon-Flaherty | Seacroft Whs | Female | Open | 52 | 3:29 |
| 24 | 13:12:00 | Kevin | Wood | Sherwood CC | Male | Open | 60 | 1:45 |
| 25 | 13:12:30 | Dave | Carrick | Holmfirth C C | Male | Open | 60 | 1:45 |
| 26 | 13:13:00 | Mark | Campbell | Fietsen Tempo | Male | Open | 55 | 1:12 |
| 27 | 13:13:30 | Miriam | Rennet | Kinross CC | Female | Open | 59 | 4:17 |
| 28 | 13:14:00 | Dan | Venner | North Shields Polytechnic Club | Male | Open | 46 | 0:26 |
| 29 | 13:14:30 | Keith | Storey | Seacroft Whs | Male | Open | 60 | 1:45 |
| 30 | 13:15:00 | Chris | Taylor | Holmfirth C C | Male | Open | 44 | 0:17 |
| 31 | 13:15:30 | Phil | Wright | Hartlepool CC | Male | Open | 66 | 2:33 |
| 32 | 13:16:00 | Alan | Allcock | Didcot Phoenix CC | Male | Open | 66 | 2:33 |
| 33 | 13:16:30 | Paul | Sander | Stockton Wheelers CC | Male | Open | 66 | 2:33 |
| 34 | 13:17:00 | Ian | Richardson | Selby CC | Male | Open | 59 | 1:38 |
| 35 | 13:17:30 | Stewart | Yates | Holmfirth C C | Male | Open | 61 | 1:52 |
| 36 | 13:18:00 | Daniel | Hornsby | Swift Racing | Male | Open | 40 | 0:00 |
| 37 | 13:18:30 | Ian | Hampton | Clifton CC York | Male | Open | 67 | 2:43 |
| 38 | 13:19:00 | Simon | Horsley | Legato Racing Team (LRT) | Male | Open | 57 | 1:24 |
| 39 | 13:19:30 | Dave | Micklethwaite | 3 RT | Male | Open | 47 | 0:30 |
| 40 | 13:20:00 | Neil | Withington | Beacon Wheelers | Male | Open | 42 | 0:08 |
| 41 | 13:20:30 | Ian | Hutchinson | Cleveland Wheelers CC | Male | Open | 66 | 2:33 |
| 42 | 13:21:00 | Mark | Halliday | North Bucks RC | Male | Open | 58 | 1:31 |
| 43 | 13:21:30 | Gareth | Shepherd | Bramley Wheelers CC | Male | Open | 45 | 0:21 |
| 44 | 13:22:00 | Gary | Hunt | Hartlepool CC | Male | Open | 58 | 1:31 |
| 45 | 13:22:30 | Janet | Fairclough | Liverpool Phoenix CC (Aintree) | Female | Open | 61 | 4:33 |
| 46 | 13:23:00 | Ian | Taylor | Blumilk.com | Male | Open | 46 | 0:26 |
| 47 | 13:23:30 | Peter | Greenan | Ferryhill Whs | Male | Open | 54 | 1:06 |
| 48 | 13:24:00 | Jymmy | Trevor | Jem Hadar Racing | Male | Open | 49 | 0:40 |
| 49 | 13:24:30 | Paul | Wright | Army Cycling | Male | Open | 54 | 1:06 |
| 50 | 13:25:00 | Adrian | Dent | Team Ohten Aveas | Male | Open | 60 | 1:45 |

| Number | Start Time | Firstname | Lastname | Club | Gender | Category | Age | Handicap Allowance |
|--------|------------|-------------|-----------|-------------------------------------|--------|----------|-----|--------------------|
| 51 | 13:25:30 | Mark | Bartley | Cambridge CC | Male | Open | 49 | 0:40 |
| 52 | 13:26:00 | Brett | Lowndes | Pro Vision RC | Male | Open | 46 | 0:26 |
| 53 | 13:26:30 | Mick | Flaherty | Seacroft Whs | Male | Open | 59 | 1:38 |
| 54 | 13:27:00 | Mike | Twelves | Team Ohten Aveas | Male | Open | 58 | 1:31 |
| 55 | 13:27:30 | David | Hird | Hambleton RC | Male | Open | 45 | 0:21 |
| 56 | 13:28:00 | Wayne | Coates | Team Bottrill | Male | Open | 62 | 2:00 |
| 57 | 13:28:30 | Brian | Parker | Total Tri Training | Male | Open | 49 | 0:40 |
| 58 | 13:29:00 | Craig | Horseman | Beacon Wheelers | Male | Open | 47 | 0:30 |
| 59 | 13:29:30 | Duncan | Smart | Scarborough Paragon CC | Male | Open | 53 | 1:01 |
| 60 | 13:30:00 | Chris | Smart | GTR - Return To Life | Male | Open | 40 | 0:00 |
| 61 | 13:30:30 | Madeline | Moore | TORQ Performance | Female | Open | 42 | 2:37 |
| 62 | 13:31:00 | Marcel | Schubert | Darlington Cycling Club | Male | Open | 40 | 0:00 |
| 63 | 13:31:30 | David | Percival | Swift Racing | Male | Open | 45 | 0:21 |
| 64 | 13:32:00 | Richard | Oakes | Team Ohten Aveas | Male | Open | 52 | 0:55 |
| 65 | 13:32:30 | Greg | Jessop | Otley CC | Male | Road | 62 | 2:00 |
| 66 | 13:33:00 | John | Flanagan | Moonglu CC | Male | Road | 62 | 2:00 |
| 67 | 13:33:30 | Philip | McCormick | Pirate Juice CC | Male | Road | 74 | 4:01 |
| 68 | 13:34:00 | Karen | Haldane | Derwentside CC | Female | Road | 55 | 3:48 |
| 69 | 13:34:30 | Graham | Lloyd | Halifax Imperial Wheelers | Male | Road | 59 | 1:38 |
| 70 | 13:35:00 | Paul | Young | Worrall Wheelers | Male | Road | 62 | 2:00 |
| 71 | 13:35:30 | Michael | Hutchings | Harrogate Nova CC | Male | Road | 55 | 1:12 |
| 72 | 13:36:00 | David | Deacon | Protech Velo | Male | Road | 56 | 1:18 |
| 73 | 13:36:30 | Peter | Bell | Fietsen Tempo | Male | Road | 63 | 2:08 |
| 74 | 13:37:00 | Steve | Milburn | Gosforth RC | Male | Road | 46 | 0:26 |
| 75 | 13:37:30 | Claire | Jessop | Otley CC | Female | Road | 52 | 3:29 |
| 76 | 13:38:00 | Heather | Gould | North Shields Polytechnic Club | Female | Road | 60 | 4:25 |
| 77 | 13:38:30 | David | Nichol | Ferryhill Whs | Male | Road | 69 | 3:02 |
| 78 | 13:39:00 | Tony | Farrell | Westmead Team 88 | Male | Road | 77 | 4:44 |
| 79 | 13:39:30 | John | Blomeley | Yorkshire Road Club | Male | Road | 60 | 1:45 |
| 80 | 13:40:00 | John Melvyn | Bedford | Holmfirth C C | Male | Road | 76 | 4:29 |
| 81 | 13:40:30 | Paul | Noton | Drighlington BC | Male | Road | 51 | 0:50 |
| 82 | 13:41:00 | Caroline | Heighton | Ferryhill Whs | Female | Road | 43 | 2:41 |
| 83 | 13:41:30 | Cliff | Beldon | Selby CC | Male | Road | 74 | 4:01 |
| 84 | 13:42:00 | Ken | Evans | PDQ Cycle Coaching | Male | Road | 65 | 2:24 |
| 85 | 13:42:30 | Howard | Heighton | Ferryhill Whs | Male | Road | 48 | 0:35 |
| 86 | 13:43:00 | Andrew | Robertson | Holmfirth C C | Male | Road | 57 | 1:24 |
| 87 | 13:43:30 | Nick | Giles | Poco Loco Cycling R.T. | Male | Road | 62 | 2:00 |
| 88 | 13:44:00 | Paul | Smith | Huddersfield Star Whs | Male | Road | 43 | 0:13 |
| 89 | 13:44:30 | Ian | Swinscoe | Royal Air Force Cycling Association | Male | Road | 52 | 0:55 |
| 90 | 13:45:00 | Sarah | Cramoysan | Richmond CC | Female | Road | 53 | 3:35 |
| 91 | 13:45:30 | Shaun | Tyson | Protech Velo | Male | Road | 50 | 0:45 |
| 92 | 13:46:00 | Richard | Bellerby | Harrogate Nova CC | Male | Road | 75 | 4:14 |
| 93 | 13:46:30 | Douglas | Watson | GTR - Return To Life | Male | Road | 48 | 0:35 |

Category Notes:

Open – Any Type of Machine

Road – Must comply with Road Bike Specification



Veterans Time Trials Association

Competitive Cycling for Life

OVER 40? BE YOUR BEST!



Angela Carpenter
2021 VTTA Women's
National Champion at 10,
15, 25, 30 & 50 miles



Andrew Meilak
2021 VTTA Men's
National Champion at
100 miles

If you are over 40 and time trialling is your thing, then join the VTTA.

The VTTA encourages all aged 40 and over to strive to be the best they can.

YOUR best will be recognised.

We have almost 3000 members spread between 16 regional groups so provide UK wide activity. We promote about 100 time trial events a year, including eight national championships from 10 miles right up to 24 hours; we also run three season long national competitions over a range of distances. The local groups also offer competitions and awards for their own members.

All events and competitions are run on an age handicap system which is gender specific, so women and men of all ages compete on an equal footing and have an equal chance of winning a prize.

Riders can also compete 'against themselves' in individual challenges called 'Standards', in which your performance is compared against previous seasons.

We also manage national and group age records for men and women at the different time trial distances and on velodromes.

Members receive four magazines per year and our annual handbook, either in print or digitally.

Membership fees vary by group (due to varying localised costs and member benefits) but is typically £15 to £20 plus a modest additional optional fee for Standards entry. Most members retain membership of their cycling club whilst a VTTA member, but you can join the VTTA and race with it as your main club.

Visit us on social media:



**JOIN
US...**

**You can find out more and join
any VTTA Group online at:
www.vtta.org.uk**